# HOW DO I CHANGE?

John 16:33, 1 Peter 1:6, 1 Peter 4:12



## **SELF-RULED**

Approach to Trials/Suffering



### CHRIST-RULED

Approach to Trials/Suffering

#### Self-Examination

View of self/trial based on desires, fears, expectations, or perceptions. Romans 10:3 Proverbs 16:25

### **Unbiblical Response**

Genesis 4:7

#### Practice Sin

John 8:34 1 John 3:7-9

### **Increased Problems**

James 1:14-15

### **Biblical Examination**

View of self/trial based on a biblical perspective. 2 Corinthians 13:5 Lamentations 3:40 Psalm 139:23

### **Biblical Response**

2 Timothy 3:16-17

### Practice Obedience

James 1:22-25 Ephesians 4:22-32

#### Increased Growth

2 Peter 3:18 Colossians 2:6-7

# **BONDAGE**

Lack of hope. Lack of peace. Lack of joy. Stress. Depression. Anxiety. Addiction.

# **FREEDOM**

Abundant blessings. Abundant life. Peace. Joy. Contentment.