



BIBLICAL RESPONSE SCALE

counsel • self-study • teaching • cell group • life

Read the criteria below then rate yourself on the following scale on how you are responding to your current situation(s). Answer the questions below.

Self-Centered —5—4—3—2—1—0—1—2—3—4—5— Christ-Centered

Self-Centered

- Trusting my own thoughts and feelings rather than God's Word.
- Coveting my own selfish desires rather than submitting them to God's will.
- Operating with a sense of entitlement or "I deserve" mentality.
- Minimizing the importance of Biblical truth in order to get what I want.
- Feeling justified in my anger at God.
- Not having conviction over my selfish attitude.
- Demanding happiness at all cost.
- Excusing my behavior and attitude because I'm "going through a hard time".

Christ-Centered

- Trusting God in spite of my feelings and perceptions.
- Sacrificing my own desires in order to love God and others.
- Operating with a sense of gratitude towards God, and acknowledging what I truly deserve...judgment.
- Maximizing the importance of Biblical truth in order to grow in Christ.
- Repenting of any anger toward God.
- Sensing conviction over my selfish attitude.
- Honoring God at all cost.
- Searching God's purposes for my life as I endure "going through a hard time".

1. What is the current situation to which you are responding?
2. What are you doing that has contributed to the rating you have given yourself?
3. What do you need to change to become more Christ-centered in your response?
4. Do you tend to resist a more Christ-centered response? Why?