



Thirty Day Challenge

Beholding the Glory of God

“And we all with unveiled face, beholding the
glory of the Lord are being transformed into the
same image from one degree of glory to another.
For this comes from the Lord who is the Spirit.”

2 Corinthians 3:18

Salem Heights Church

375 Madrona Avenue S Salem, OR 97302

503.588.0403 // www.salemheightschurch.org

Notes

As believers in Jesus, we have the great privilege of beholding the glory of God with unveiled faces. We get to see and experience His glory; the character of God that sets Him in a class all His own. Seeing Him for who He really is results in our transformation. The Spirit of God takes our knowledge of God and enables us to know Him, experience Him and be changed.

For the next thirty days, will you accept the challenge to “Behold the Living God”? Each day we will consider a different character trait or name of God, and have the opportunity to behold Him with unveiled faces!

DAY 1

God Almighty

“He who dwells in the shelter of the Most High will abide in the shadow of the Almighty. I will say to the Lord, ‘My refuge and my fortress, My God, in whom I trust.’”

Psalm 91:1-2 ESV

Read Genesis 17 and Psalm 21.

From these passages, what do you discover about who God is?

What impact does this truth have on your everyday life and current circumstances?

Praise God and enjoy Him for being God Almighty.

DAY 30

God Who Knows All Things

“Great is our Lord, and abundant in power; His understanding is beyond measure.”

Psalm 147: 5 ESV

Read Romans 11:33-36.

From these passages, what do you discover about who God is?

What impact does this truth have on your everyday life and current circumstances?

Praise God and enjoy Him for knowing all things.

DAY 29

God Who is Good

“Good and upright is the LORD; therefore he instructs sinners in the way.”

Psalm 25:8 ESV

Read Psalm 27.

From these passages, what do you discover about who God is?

What impact does this truth have on your everyday life and current circumstances?

Praise God and enjoy Him for being a good God.

DAY 2

God My Deliverer

“And David spoke the words of this song to the LORD in the day that the LORD delivered him from the hand of all his enemies and from the hand of Saul. He said, ‘The LORD is my rock and my fortress and my deliverer; My God, my rock, in whom I take refuge, My shield and the horn of my salvation, my stronghold and my refuge; My savior, You save me from violence.’”

2 Samuel 22:1-3 NASB

Read 2 Samuel 22 and Psalm 40.

From these passages, what do you discover about who God is?

What impact does this truth have on your everyday life and current circumstances?

Praise God and enjoy Him for being your deliverer.

DAY 3

God My Provider

“You open Your hand and satisfy the desire of every living thing.”
Psalm 145:16 NASB

Read Matthew 6:25-33 and Philippians 4:6-7, 19.

From these passages, what do you discover about who God is?

What impact does this truth have on your everyday life and current circumstances?

Praise God and enjoy Him for being your provider.

DAY 28

God Who Heals

“Then they cried out to the LORD in their trouble; He saved them out of their distresses”
Psalm 107:19-20 NASB

Read Exodus 15.

From these passages, what do you discover about who God is?

What impact does this truth have on your everyday life and current circumstances?

Praise God and enjoy Him for being the God who heals.

Day 27 God Most High

"I cry out to God Most High, to God who fulfills his purpose for me."
Psalm 57:2 ESV

Read Daniel 4:28-37.

From these passages, what do you discover about who God is?

What impact does this truth have on your everyday life and current circumstances?

Praise God and enjoy Him for being God most high.

DAY 4 God Who is Faithful

"Know therefore that the LORD your God, He is God, the faithful
God, who keeps His covenant and His lovingkindness to a
thousandth generation with those
who love Him and keep His commandments"
Deuteronomy 7:9 NASB

Read Lamentations 3:21-24.

From these passages, what do you discover about who God is?

What impact does this truth have on your everyday life and current circumstances?

Praise God and enjoy Him for being faithful.

Day 5

God Who is Lord and Master

“In the year of King Uzziah’s death I saw the Lord sitting on the throne, lofty and exalted, with the train of His robe filling the temple.”

Isaiah 6:1 NASB

Read Psalm 16:2 and Romans 14:7-9.

From these passages, what do you discover about who God is?

What impact does this truth have on your everyday life and current circumstances?

Praise God and enjoy Him as Lord and Master.

DAY 26

God Who is Love

“So we have come to know and to believe the love God has for us. God is love, and whoever abides in love abides in God and God abides in Him.”

1 John 4:16 ESV

Read Psalm 136.

From these passages, what do you discover about who God is?

What impact does this truth have on your everyday life and current circumstances?

Praise God and enjoy Him for being God who is love.

DAY 25

Lord Jehovah, the Self-Existent One

“God said to Moses, ‘I AM WHO I AM;’ and He said, ‘Thus you shall say to the sons of Israel, ‘I AM has sent me to you.’”

Exodus 3:14 NASB

Read Exodus 3:13-15.

From these passages, what do you discover about who God is?

What impact does this truth have on your everyday life and current circumstances?

Praise God and enjoy Him for being Lord Jehovah, the Self-Existent One.

DAY 6

God Who is My Father

“Because you are sons, God has sent for the Spirit of His Son into our hearts, crying, ‘Abba! Father!’”

Galatians 4:6 NASB

Read 1 Peter 1:1-10.

From these passages, what do you discover about who God is?

What impact does this truth have on your everyday life and current circumstances?

Praise God and enjoy Him for being your Father.

Day 7

God Who is My Righteousness

“He made Him who knew no sin to be sin on our behalf, so that we might become the righteousness of God in Him.”
2 Corinthians 5:21 NASB

Read Isaiah 53.

From these passages, what do you discover about who God is?

What impact does this truth have on your everyday life and current circumstances?

Praise God and enjoy Him for being your righteousness.

DAY 24

God Who is Near to the Brokenhearted

“The LORD is near to the brokenhearted and saves the crushed in spirit.”
Psalm 34:18 ESV

Read Psalm 34:15-22, 147:1-6.

From these passages, what do you discover about who God is?

What impact does this truth have on your everyday life and current circumstances?

Praise God and enjoy Him for being near to the broken hearted.

DAY 23

The Lord Who Sanctifies

“Such were some of you; but you were washed, but you were sanctified, but you were justified in the name of the Lord Jesus Christ and in the Spirit of our God.”

1 Corinthians 6:11 NASB

Read Romans 8.

From these passages, what do you discover about who God is?

What impact does this truth have on your everyday life and current circumstances?

Praise God and enjoy Him for being the Lord who sanctifies.

DAY 8

God Who is My Shepherd

“The Lord is my Shepherd, I shall not want. He makes me lie down in green pastures; He leads me beside quiet waters. He restores my soul”

Psalms 23:1-3a NASB

Read John 10:11-18.

From these passages, what do you discover about who God is?

What impact does this truth have on your everyday life and current circumstances?

Praise God and enjoy Him for being your shepherd.

DAY 9

God Who is Sovereign

“The LORD has established His throne in the heavens, and His sovereignty rules over all.”
Psalm 103:19 NASB

Read Psalm 103.

From these passages, what do you discover about who God is?

What impact does this truth have on your everyday life and current circumstances?

Praise God and enjoy Him for being sovereign.

DAY 22

The Lord Who is My Peace

“Peace I leave you; My peace I give to you; not as the world gives do I give to you. Do not let your heart be troubled, nor let it be fearful.”
John 14:27 NASB

Read John 14.

From these passages, what do you discover about who God is?

What impact does this truth have on your everyday life and current circumstances?

Praise God and enjoy Him for being the Lord your peace.

DAY 21

The Lord Our Healer

"...for I, the Lord, am your healer."
Exodus 15:26d NASB

Read Hebrews 2:10-18.

From these passages, what do you discover about who God is?

What impact does this truth have on your everyday life and current circumstances?

Praise God and enjoy Him for being the Lord your healer.

DAY 10

God Who is Everlasting

"The steadfast of mind You will keep in perfect peace, because he trusts in You. Trust in the Lord forever, for in God the Lord, we have an everlasting Rock."
Isaiah 26:3-4 NASB

Read Psalm 90.

From these passages, what do you discover about who God is?

What impact does this truth have on your everyday life and current circumstances?

Praise God and enjoy Him for being everlasting.

DAY 11

God Who is the Lord of Hosts

“Finally, be strong in the Lord and in the strength of his might.”
Ephesians 6:10 ESV

Read Psalm 89:11-18.

From these passages, what do you discover about who God is?

What impact does this truth have on your everyday life and current circumstances?

Praise God and enjoy Him for being the Lord of Hosts.

DAY 20

The Lord My Banner

“Moses built an altar and named it The LORD is My Banner”
Exodus 17:15 NASB

Read Ephesians 6:10-18.

From these passages, what do you discover about who God is?

What impact does this truth have on your everyday life and current circumstances?

Praise God and enjoy Him for being the Lord your banner.

DAY 19

The Living God

“The Lord is my light and my salvation; Whom shall I fear? The Lord is the defense of my life; Whom shall I dread? Though a host encamp against me, My heart will not fear; Though wars arise against me, In spite of this I shall be confident.”

Psalm 27:1, 3 NASB

Read Psalm 27.

From these passages, what do you discover about who God is?

What impact does this truth have on your everyday life and current circumstances?

Praise God and enjoy Him for being the living God.

DAY 12

God Who makes All Things New

“And He who sits on the throne said, ‘Behold, I am making all things new.’ And He said, ‘Write, for these words are faithful and true.’”

Revelation 21:5 NASB

Read Revelation 21.

From these passages, what do you discover about who God is?

What impact does this truth have on your everyday life and current circumstances?

Praise God and enjoy Him for making all things new

DAY 13

God Who Promises to Be My Keeper

“The Lord is your keeper; the Lord is your shade on your right hand.
The sun shall not strike you by day, Nor the moon by night.”
Psalm 121:5-6 ESV

Read Isaiah 41:31-20.

From these passages, what do you discover about who God is?

What impact does this truth have on your everyday life and current circumstances?

Praise God and enjoy Him for promises to be your keeper.

DAY 18

God Who Sees

“You, O Lord, will not withhold Your compassion from me; Your
lovingkindness and Your truth will continually preserve me.”
Psalm 40:11 NASB

Read Psalm 32:7-8.

From these passages, what do you discover about who God is?

What impact does this truth have on your everyday life and current circumstances?

Praise God and enjoy Him for being the God who sees.

DAY 17

God Who Creates

“For You formed my inward parts; You wove me in my mother’s womb.”

Psalms 139:13 NASB

Read Genesis 1:1-11.

From these passages, what do you discover about who God is?

What impact does this truth have on your everyday life and current circumstances?

Praise God and enjoy Him for being the God who creates.

DAY 14

God Who Promises to Strengthen Me and Enable Me

“I can do all things through Him who strengthens me.”

Philippians 4:13 NASB

Read Exodus 3:10-12 and Judges 6:11-18.

From these passages, what do you discover about who God is?

What impact does this truth have on your everyday life and current circumstances?

Praise God and enjoy Him for strengthening you and enabling you.

DAY 15

God Who is Unchanging

“For I, the Lord, do not change; therefore you, O sons of Jacob, are not consumed.”
Malachi 3:6 NASB

Read Psalm 18:1-2, 30-36.

From these passages, what do you discover about who God is?

What impact does this truth have on your everyday life and current circumstances?

Praise God and enjoy Him for being unchanging.

DAY 16

God of Power and Might

“Behold, I am the LORD, the God of all flesh, is anything too difficult for Me?”
Jeremiah 32:27 NASB

Read 2 Chronicles 20.

From these passages, what do you discover about who God is?

What impact does this truth have on your everyday life and current circumstances?

Praise God and enjoy Him for being the God of Power and Might.