

SALEM HEIGHTS CHURCH BIBLICAL COUNSELING

DOMESTIC ABUSE

A Church's Response



Goals for This Workshop

WHAT WE WANT YOU TO TAKE AWAY

BRING AWARENESS

Of both the prevalence within the church and the warning signs.

INFORM A RESPONSE

Why the church should care and how it should respond.

PROVIDE RESOURCES

Helpful information and resources for pastors, counselors and discipleship leaders.



Today's Workshops

AN OVERVIEW & BIBLICAL PERSPECTIVE OF DOMESTIC ABUSE

We'll learn what it is, its prevalence, its various forms and how the Bible calls the church to respond.

OUR RESPONSE: PRACTICAL STEPS FOR THE CHURCH

For this session, we will highlight some of the key considerations every biblical counselor must remember when coming alongside the victim of domestic abuse. We will also share some helpful resources for assisting the victim.

IN HER SHOES

An experiential learning activity where participants move, act, think, and make choices as a person experiencing an abusive relationship.

Before We Begin

SOME COMMON CONCERNS

- The prevalence of the use of female pronouns when referring to victims
- The implication that everything is abuse
- The rush to separation or divorce



An Overview

WHAT IS DOMESTIC ABUSE?

Domestic Abuse

A DEFINITION BY JOHN HENDERSON

A godless pattern of abusive behavior among spouses involving physical, psychological, and/or emotional means to exert and obtain power and control over the spouse for the achievement of selfish ends.



WHY DOES HE DO THAT?

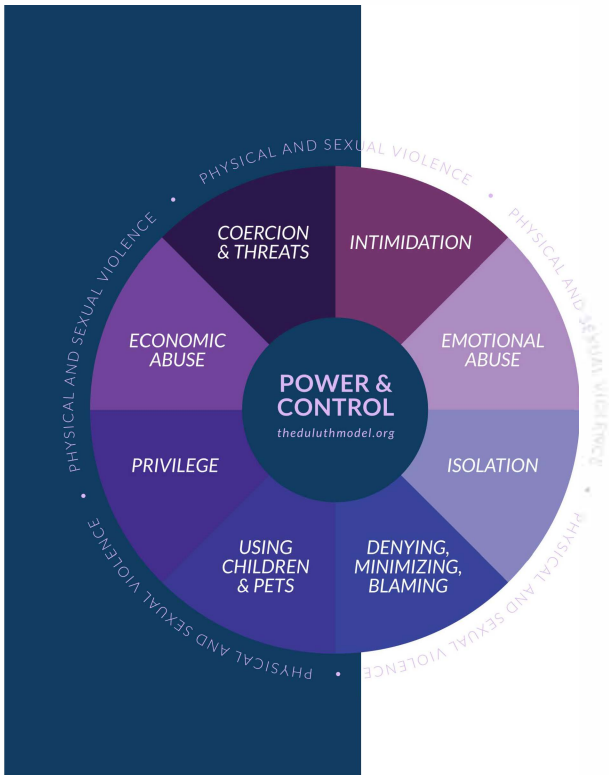
The term abuse is about power; it means that a person is taking advantage of a power imbalance to exploit or control someone else. Thus the defining point of abuse is when a man starts to exercise power over the woman in a way that causes harm to her and creates a privileged status for him.

LUNDY BANCROFT

Domestic Abuse

A DEFINITION BY JEREMY PIERRE & GREG WILSON

Abuse occurs as a person in a position of greater influence uses his personal capacities to diminish the personal capacities of those under his influence in order to control them.



The Power & Control Wheel

THE TACTICS OF DOMESTIC ABUSE

Created by the Domestic Abuse Intervention Project in Duluth, Minnesota

Forms of Abuse

PHYSICAL
SEXUAL
EMOTIONAL
VERBAL
PSYCHOLOGICAL
ECONOMIC
SPIRITUAL
DIGITAL

Prevalence

STATISTICS FROM THE NATIONAL COALITION AGAINST DOMESTIC VIOLENCE

19K

Number of phone calls placed to DV hotlines on a typical day

85%

Of DV victims are women

1 in 4

Women have experienced DV in their lifetime

1 in 15

Children are exposed to DV each year. 90% are eyewitnesses



A Biblical Response

HOW DOES GOD VIEW ABUSE?

A Starting Point

Six Biblical Truths that Inform Our Response

IMAGO DEI

OPPRESSION

SIN

MARRIAGE

LOVE

THE CHURCH

Image of God

GENESIS 1:26-27; PSALM 139:13-16

Abuse diminishes the personal capacities of another individual who was created in the image of God.

Sin

JAMES 4:17

Abuse is sin because it is contrary to the nature of God.

Love

MATTHEW 22:36-40

Abuse is a dangerous reversal of love.

Oppression

PSALM 9:7-10; 103:5-6

Suffering is different than oppression. God hates oppression and is a shelter for the oppressed.

Marriage

EPHESIANS 5:22-26

God-designed roles within marriage are not about power, but about flourishing.

The Church

PSALM 10:17-18; JOHN 21:15-17

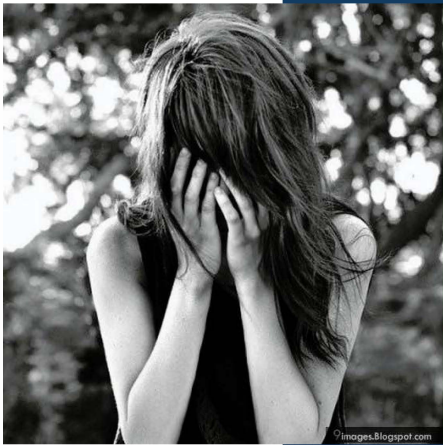
The church should extend God's protection, compassion and justice to the oppressed, and justice and mercy to all who perpetrate abuse.

SALEM HEIGHTS CHURCH BIBLICAL COUNSELING

Q & A

What questions do you have?





Our Response

SOME KEY CONSIDERATIONS

What to Do

RECOGNIZE THE SIGNS AND ASK GOOD
QUESTIONS



What to Do

BELIEVE WHAT SHE TELLS YOU



What to Do

PRIORITIZE THE SAFETY OF EVERY
POTENTIAL VICTIM



What to Do

ASSURE THE VICTIM OF YOUR
SUPPORT, ASSISTING IN PRACTICAL
WAYS



What to Do

PRAYERFULLY COUNSEL TRUTH



What to Avoid

MINIMIZING, DOUBTING OR BLAMING



What to Avoid

CONFRONTING THE ABUSER BEFORE
CREATING A SAFETY PLAN



What to Avoid

TREATING ABUSE AS A MARRIAGE ISSUE



What to Avoid

TELLING A VICTIM WHAT TO DO.
HELP THEM MAKE DECISIONS.



What to Avoid

TRYING TO DO THIS ON YOUR OWN. A TEAM APPROACH IS ALWAYS BEST.



Helpful Resources

A SAFETY PLAN

GROUP COUNSELING

BOOKS/PAMPHLETS

IS IT ABUSE? (DARBY STRICKLAND)

DOMESTIC ABUSE (DARBY STRICKLAND)

DOMESTIC ABUSE (POWLISON, TRIPP AND WELCH)

CALLED TO PEACE (JOY FORREST)

THE HEART OF DOMESTIC ABUSE (CHRIS MOLES)

WHEN HOME HURTS (PIERRE AND WILSON)

SALEM HEIGHTS CHURCH BIBLICAL COUNSELING

Q & A

What questions do you have?



SALEM HEIGHTS CHURCH BIBLICAL COUNSELING

IN HER SHOES

An Experiential Learning Activity



SALEM HEIGHTS CHURCH BIBLICAL COUNSELING

Q & A

What questions do you have?



Resources for You

BOOKS

When Home Hurts
Pierre & Wilson
Is It Abuse?
Strickland
The Heart of Domestic Abuse
Moles
Called to Peace
Forrest

HANDOUTS

Markers of Relational Abuse and Violence
Counseling Do's and Don'ts for Pastors and People Helpers
Personalized Safety Plan Handout

LOCAL HELP

Hope and Safety 24-hour Hotline
503-399-7722
Salem Police Non-Emergency
503-588-6123
911

ETC

Biblical counseling training and certification is offered at Salem Heights Church through the Association of Biblical Counselors



How to Reach Us

SALEM HEIGHTS BIBLICAL COUNSELING

WEB ADDRESS

www.shccounseling.org

EMAIL CONTACT

counseling@salemheightschurch.org

PHONE NUMBER

503-588-0403 ext 1