Servant Abuser to From I see how my past hurts are affecting my present behavior. others in specific ways – and name them. I agree that I have hurt my spouse and I walk with others who can help me continue to see desire self-awareness for myself and I see how I may have been socialized or discipled into specifically and make specific changes. I see how I have objectified my spouse (and others) empathy for others. educate myself about excuses for my abuse. abuse dynamics. instead of valuing as an image-bearer. I refuse to make some unhealthy ways of relating. rigorous accountability. trauma I have caused I recognize that it takes time for my repentant I submit to Seeing heart to bear fruit and I practice patience I am perceived as increasingly safe by entitlements and ask others and impact of my abuse on my to help me examine them. spouse and family (trauma). I examine my core I confess the weight to facilitate healing for the with timetables. I do whatever is necessary my spouse and my family increasingly self-aware. I refuse to minimize the ways I have I refuse to mutualize my abuse. hurt my spouse and others. l am I work on my own past hurts so that I won't continue to hurt others. others or outside circumstances I grow in vulnerability about my own I refuse to blame my abuse on biases and knowledge gaps. refuse to lie, hide, or deceive. refuse to deny my abuse. and more peaceful patterns amends for the ways in of God (and, if a believer, as a examine my own perceptions identity as an image-bearer others to call them and misperceptions and ask which I have hurt my I make specific spouse and family I live out of my destructive patterns of behavior Owning with my spouse and family. child of God.) I am demonstrating tewer the Lord before reconciliation I pursue reconciliation with to provide for the safety spouse and my family I do whatever it takes and security of my back into abusive patterns catch myself when I fall selflessly, rather than ot my spouse and family, become a fierce advocate as well as others who have I call out abuse wherever I see controlling them. wife and family it because I have seen firsthand the damage it does. experienced abuse. I serve my spouse and my children eagerness to serve my I demonstrate an Hating tormerly harmed respect those I treat with I am more self-controlled, and brokenness and by my sin, suffering the love of Christ less impulsive. more controlled by I am less controlled I embrace ongoing and pursue the mind of Christ accountability. reject my core entitlements others, rather than to get I am more vulnerable, I use my power, position less self-protective. and authority to serve what I want. Turning