

Made To Minister Conference 2025 - Workshop

A Living Hope

Understanding the Distinctives & Importance of Biblical Hope

1 Peter 1:3-9; 23-25

Presented by
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Two Truths

- In times of struggle, individuals often seek hope through counseling.
- The good news is that real hope, living hope is possible because of the Gospel.

What is Hope? A Natural Explanation

- It's both an emotion and a way of thinking tied to the future
- It comes from somewhere or someone outside ourselves
- It's both formative and fragile

What is Living Hope? A Spiritual Explanation

- It's founded upon the reality of the resurrection (v. 3)
- It's focused on the eternal rather than the present (vv. 4-7)
- It's fueled by our personal relationship with Christ (vv. 8-9)

The Distinctives of Living Hope

- The Somewhere – The Gospel
 - Living hope is not blind optimism, but a deliberate, ongoing trust in everything the Gospel proclaims, proves, and provides.
- The Someone – Jesus Christ
 - Our union with Jesus Christ transforms hope from a wishful desire to a confident expectation.

How to Sustain Living Hope

- A living hope must be fed by the living Word (vv.23-25)

Getting Practical: Some Homework for the Discouraged or Overwhelmed

1. Be Proactive

- *Living with the reality of hope doesn't always mean we feel hopeful. In fact, we face three primary enemies—our sinful nature, the temptations of a fallen culture, and spiritual warfare—that relentlessly try to undermine our hope by redirecting our affections away from Christ.*

2. Take Heed

Take some time over the next week to read through Psalms 27, 31, and 40. After meditating on each one, answer the following questions:

1. What does this passage reveal about God's nature that strengthens your hope?
2. How does this passage highlight God's power and reliability? How does this encourage you to trust Him more deeply?
3. Which attitude or declaration of the Psalmist stands out to you the most? Pray for God's help in cultivating that same attitude in your own life.
4. Is there a specific verse from this passage that speaks to your current struggle? How can you commit it to memory and apply it to your situation?